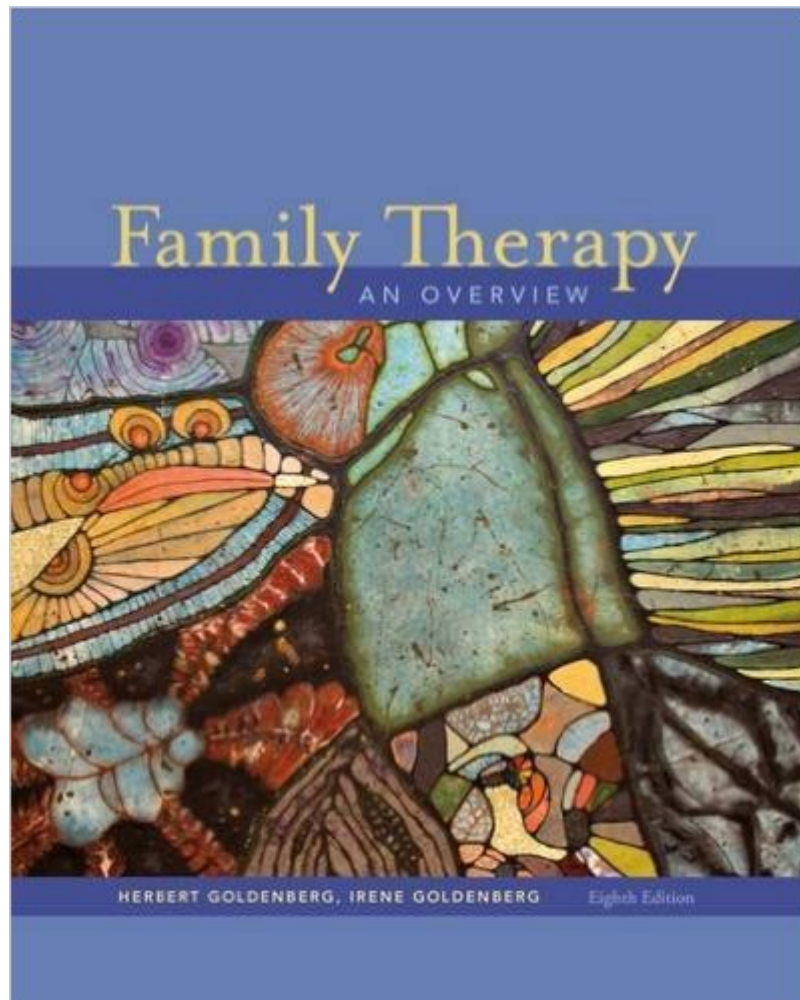


The book was found

# Family Therapy: An Overview



## Synopsis

FAMILY THERAPY provides a balanced presentation of the major theoretical underpinnings and clinical practices in the field. By presenting an overview of traditional and evolving viewpoints, perspectives, values, intervention techniques, and goals of family therapy, Herbert and Irene Goldenberg provide current, relevant, practice-oriented content laying the foundation for students to become proficient family therapists. This edition reflects the Goldenbergs' commitment to providing students with not only traditional family therapy theoretical frameworks but also the field's evolving models of practice. It is the complete resource for assisting students in mastering the many facets of family therapy. For this edition, Michael White, founder of Narrative Therapy, has written a new foreword for the book.

## Book Information

Hardcover: 600 pages

Publisher: Cengage Learning; 8 edition (January 1, 2012)

Language: English

ISBN-10: 1111828806

ISBN-13: 978-1111828806

Product Dimensions: 1.2 x 8.5 x 11 inches

Shipping Weight: 2.8 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 starsÂ Â See all reviewsÂ (62 customer reviews)

Best Sellers Rank: #38,607 in Books (See Top 100 in Books) #30 inÂ Books > Textbooks >

Education > Counseling #40 inÂ Books > Health, Fitness & Dieting > Mental Health > Compulsive

Behavior #52 inÂ Books > Politics & Social Sciences > Sociology > Marriage & Family

## Customer Reviews

most of the people in my class had a terrible time doing the reading from this text. i just don't think they liked having to do reading in general. it's dense, don't get me wrong, but it's dense because it's solid information. i honestly feel like i have a grasp of family systems therapy, from structural to strategic, and even transgenerational. i like stuff like this, though, because i like seeing how different theories would explain my dysfunctional family.

I found this book to be as expected as far as text books go. It reads slowly, and can be very dry at times, though the information provided is pretty thorough. My biggest issue with this book is that there are no contraindications, limitations, or criticisms given for any of the models or techniques.

I had this book assigned as required reading in two different classes during my masters program. The second time I read the whole thing cover to cover and learned a ton of very useful information. That being said you may find this book lacking or confusing in a few instances if you don't have a professor handy to answer questions. The section on CBT with families has a highly behavioral stance with limited info on cognitive aspects. Some theories are better explained than others.

Provided a broad overview of each topic presented then through lecture it was better explained and understood. Overall the book was helpful.

This book is a rough text to read. It has the necessary information and then a ton more words. I will be suggesting a new text to my professor.

This book is dry, boring, and slightly disorganized. They could have definitely organized the material better within the chapters. I also really feel that if this material was presented in a more interesting manner people would learn more from it, but instead it's a difficult read. A suggestion for future editions of this book, please have additional material online (that can be accessed through a code that comes with the textbook) such as practice quizzes and videos of mock sessions utilizing these models. It would be a great deal of help in learning this material and observing how it is applied in sessions.

Good information, but it had a lot of repetition. I felt the chapters were extremely long on my kindle and you can't find the page number on the digital copy.

It's a textbook, but it is readable without being so boring it puts you to sleep. It has great case studies.

[Download to continue reading...](#)

Family Therapy: An Overview (SAB 230 Family Therapy) Art Therapy and Music Therapy Bundle: (Expressive Arts, Movement Therapy, Art Therapy Trauma, Therapy Books) Speech Therapy for Kids : Techniques and Parents Guide for Speech Therapy (speech therapy, speech therapy materials) Family Therapy: An Overview Internal Family Systems Therapy (The Guilford Family Therapy) Internal Family Systems Therapy (The Guilford Family Therapy Series) The Adolescent in Family Therapy, Second Edition: Harnessing the Power of Relationships (Guilford Family Therapy

(Hardcover)) Re-Visioning Family Therapy, Second Edition: Race, Culture, and Gender in Clinical Practice (Revisioning Family Therapy: Race, Culture, & Gender in) Cupping Therapy: An Essential Guide to Cupping Therapy, How it Works, and Its Benefits ( Suction Cup Therapy | Chinese Cupping | Bekam | Hijama | Ventosa ) Generation to Generation: Family Process in Church and Synagogue (Guilford Family Therapy (Paperback)) Family Ties That Bind: A self-help guide to change through Family of Origin therapy (Personal Self-Help Series) The Family Crucible: The Intense Experience of Family Therapy (Perennial Library) Family Therapy Basics (Marital, Couple, & Family Counseling) Spinal Cord Injury and the Family: A New Guide (Harvard University Press Family Health Guides) (The Harvard University Press Family Health Guides) Family Wealth--Keeping It in the Family: How Family Members and Their Advisers Preserve Human, Intellectual, and Financial Assets for Generations Siblings and the Family Business: Making it Work for Business, the Family, and the Future (A Family Business Publication) Stepparenting: Becoming A Stepparent: A Blended Family Guide to: Parenting, Raising Children, Family Relationships and Step Families - 2nd Edition (Raising ... Kids, Blended Families, Blended Family) An Overview of Orthodox Canon Law (Orthodox, Theological Library) Rose Bible Overview Bible Overview pamphlet: Know Themes, Facts, and Key Verses at a Glance

[Dmca](#)